### GIRLS CROSS COUNTRY

### State Class B - Team (Top 5 Finishers)

- 2013 5th Place 201 points (Champion Hillsboro 94)
- 2012 Runner-Up 143 points (Champion Hillsboro 63)
- 2011 3rd Place 177 points (Champion Hillsboro 125)
- 2010 Champion 55 points (Runner-Up Velva 124)
- 2006 3rd Place 141 points (Champion Griggs County Central 96)
- 2005 4th Place 162 points (Champion Bowman 78)
- 2002 5th Place 254 points (Champion New Town 49)
- 1997 3rd Place 126 points (Champion Bowman 32)
- 1996 3rd Place 138 points (Champion Bowman 37)
- 1995 4th Place 151 points (Champion Bowman 22)
- 1994 5th Place 155 points (Champion Bowman 17)
- 1993 3rd Place 96 points (Champion Bowman 18)
- 1992 3rd Place 94 points (Champion Bowman 18)
- 1991 3rd Place 83 points (Champion Hazen 32)
- 1990 5th Place 119 points (Champion Bowman 35)

#### Class B All-State - Individual (Top 20 Finishers)

- 2014 Tristin Lunde 20th Place 16:07
- 2012 Lauren Christenson 10th Place 16:07
- 2011 Sydney Kraft 11th Place 15:52
- 2011 Lauren Christenson 14th Place 16:01
- 2010 Chandra Yankton Runner-Up 15:28
- 2010 Sydney Kraft 6th Place 15:59
- 2010 Lauren Christenson 12th Place 16:20
- 2010 Crystal Hovland 15th Place 16:33
- 2010 Shanaya Fred 20th Place 16:42
- 2009 Sydney Kraft 9th Place 15:59
- 2008 Sydney Kraft Champion 15:37
- 2007 Sydney Kraft 13th Place 16:03
- 2006 Kirsten Welk 10th Place 16:04
- 2006 Chelsea Halvorson 17th Place 16:19
- 2005 Kirsten Welk 9th Place 16:33
- 2005 Chelsea Halvorson 15th Place 16:46
- 2002 Sarah Skipper 11th Place 15:25
- 1997 Stephanie Vangsnes 6th Place 16:00
- 1997 Cassie Hagel 9th Place 16:05
- 1997 Channa Pieterick 16th Place 16:18
- 1996 Stephanie Vangsnes 8th Place 16:16

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1993 - Jamie Jordan - 17th Place - 16:57
1991 - Jamie Jordan - 6th Place - 16:34
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#### Class B East Region - Team (Top 2 Finishers)

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2014 - Runner-Up - 136 points (Champion - Hillsboro/Central Valley - 37)
2013 - Runner-Up - 111 points (Champion - Hillsboro/Central Valley - 63)
2012 - Runner-Up - 105 points (Champion - Hillsboro/Central Valley - 63)
2011 - Runner-Up - 100 points (Champion - Hillsboro - 86)
2010 - Champion - 48 points (Runner-Up - Velva - 77)
2008 - Runner-Up - 60 points (Champion - Griggs County Central - 58)
2005 - Champion - 64 points (Runner-Up - Griggs County Central - 84)
2002 - Runner-Up - 99 points (Champion - Carrington - 50)
1997 - Champion - 44 points (Runner-Up - Northwood - 50)
1996 - Champion - 42 points (Runner-Up - Griggs County Central - 77)
1995 - Runner-Up - 83 points (Champion - Griggs County Central - 81)
1994 - Champion - 69 points (Runner-Up - Northwood - 78)
1993 - Champion - 29 points (Runner-Up - Northwood - 64)
1992 - Champion - 55 points (Runner-Up - Four Winds - 101)
1991 - Champion - 30 points (Runner-Up - Northwood - 31)
1990 - Champion - 26 points (Runner-Up - New Rockford - 31)
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## Class B East All-Region - Individual (Top 20 Finishers)

- 2015 Tristin Lunde 14th Place 16:04
- 2015 Ellie Duchscherer 15th Place 16:05
- 2015 Kristina Brossart 16th Place 16:06
- 2014 Tristin Lunde 11th Place 16:13
- 2014 Allison Foster 14th Place 16:28
- 2013 Allison Foster 14th Place 16:22
- 2013 Tristin Lunde 19th Place 16:36
- 2012 Lauren Christenson 9th Place 16:19
- 2012 Allison Foster 20th Place 16:43
- 2011 Sydney Kraft 6th Place 15:58
- 2011 Lauren Christenson 9th Place 16:23
- 2010 Chandra Yankton Runner-Up 15:00
- 2010 Sydney Kraft 5th Place 15:42
- 2010 Lauren Christenson 7th Place 16:04
- 2010 Crystal Hovland 16th Place 16:39
- 2010 Shanaya Fred 18th Place 17:00
- 2009 Sydney Kraft 4th Place 16:13
- 2008 Sydney Kraft Champion 15:17

- 2008 Hannah Christenson 7th Place 16:41
- 2008 Crystal Hovland 8th Place 16:42
- 2008 Chelsea Halvorson 15th Place 17:03
- 2007 Sydney Kraft 9th Place 16:56
- 2007 Crystal Hovland 11th Place 17:08
- 2007 Chelsea Halvorson 14th Place 17:21
- 2007 Cortney Hill 19th Place 17:35
- 2006 Danielle Wangler 10th Place 16:35
- 2006 Kirsten Welk 13th Place 16:48
- 2006 Chelsea Halvorson 15th Place 16:55
- 2006 Mariya Bernhardt 16th Place 17:01
- 2005 Kirsten Welk 3rd Place 15:47
- 2005 Chelsea Halvorson 8th Place 16:10
- 2005 Danielle Wangler 16th Place 16:58
- 2005 Kelsey McAtee 18th Place 17:17
- 2005 Crystal Hovland 19th Place 17:19
- 2004 Chelsea Halvorson 10th Place 16:40
- 2004 Danielle Wangler 12th Place 16:47
- 2003 Kellie Pieterick 19th Place 16:50
- 2002 Sarah Skipper 4th Place 16:20
- 2002 Kellie Pieterick 13th Place 17:03
- 2002 Sarah Baustad 19th Place 17:09
- 2002 Sarah Daustau 19th Flace 17.09
- 2001 Kellie Pieterick 9th Place 17:05
- 2001 Sarah Skipper 10th Place 17:09
- 2001 Sarah Baustad 19th Place 17:49
- 2000 Kellie Pieterick 3rd Place 16:39
- 2000 Sarah Baustad 17th Place 17:40
- 2000 Jennifer Black 18th Place 17:41
- 1999 Kellie Pieterick 12th Place 17:18
- 1998 Cassie Hagel 7th Place 17:50
- 1998 Channa Pieterick 14th Place 18:10
- 1997 Stephanie Vangsnes Runner-Up 16:26
- 1997 Cassie Hagel 3rd Place 16:54
- 1997 Channa Pieterick 4th Place 17:00
- 1997 Allyson Fursather 16th Place 18:37
- 1997 Olivia Friestad 19th Place 18:52
- 1996 Stephanie Vangsnes Runner-Up 16:02
- 1996 Channa Pieterick 8th Place 17:19
- 1996 Keighly Jo Volk 9th Place 17:26
- 1996 Cindy Stanley 11th Place 17:33
- 1996 Becky Fuhrer 12th Place 17:36
- 1996 Diane Voeller 14th Place 17:47
- 1996 Terran Knutson 17th Place 17:52

- 1995 Terran Knutson 10th Place 17:39
- 1995 Channa Pieterick 13th Place 17:47
- 1995 Diane Voeller 15th Place 17:58
- 1994 Terran Knutson 5th Place 17:00
- 1994 Becky Fuhrer 12th Place 17:35
- 1994 Keri Thiel 15th Place 17:58
- 1994 Keighly Jo Volk 16th Place 18:03
- 1993 Jamie Jordan 3rd Place 16:17
- 1993 Becky Fuhrer 6th Place 16:33
- 1993 Keighly Jo Volk 8th Place 16:40
- 1993 Erika Schiele 16th Place 17:17
- 1993 Keri Thiel 17th Place 17:18
- 1993 Jessica Anderson 18th Place 17:18
- 1993 Carla Erickson 20th Place 17:22
- 1992 Traci Voeller 6th Place 18:03
- 1992 Nicole Godel 10th Place 18:31
- 1992 Carla Erickson 12th Place 18:38
- 1992 Bobbi Jo Blomster 13th Place 18:47
- 1992 Erika Schiele 14th Place 19:02
- 1992 Heather Ferguson 17th Place 19:13
- 1992 Gretchen Schultz 19th Place 19:29
- 1991 Jamie Jordan Runner-Up 17:04
- 1991 Tracey Voeller 6th Place 18:00
- 1991 Barbie Selensky 8th Place 18:11
- 1991 Nicole Godel 11th Place 18:50
- 1991 Heather Ferguson 12th Place 18:57
- 1991 Bobbi Jo Blomster 15th Place 19:29
- 1990 Barb Selensky 3rd Place 17:27
- 1990 Jamie Jordan 5th Place 17:56
- 1990 Tracey Voeller 6th Place 18:06
- 1990 Terri Rierson 7th Place 18:07
- 1990 Nicole Godel 12th Place 19:18
- 1990 Erika Schiele 16th Place 19:59

### **BOYS CROSS COUNTRY**

### State Class B - Team (Top 5 Finishers)

- 2015 Runner-Up 178 points (Champion New Town 17)
- 2014 5th Place 244 points (Champion New Town 24)
- 2011 Champion 114 points (Runner-Up New Town 129)
- 2010 Runner-Up 93 points (Champion New Town 73)
- 2009 Champion 64 points (Runner-Up New Town 93)
- 2008 Runner-Up 86 points (Champion New Town 55)
- 2007 4th Place 172 points (Champion New Town 39)
- 2006 5th Place 211 points (Champion New Town 46)
- 2005 5th Place 184 points (Champion New Town 35)
- 2003 5th Place 195 points (Champion Griggs County Central 73)
- 1993 5th Place 169 points (Champion Bowman 40)

### Class B All-State - Individual (Top 20 Finishers)

- 2015 Jaydin Risovi 10th Place 17:21
- 2013 Nolan Hovland 20th Place 17:55
- 2011 Erik Wangler 8th Place 17:37
- 2011 Kyle Halvorson 9th Place 17:39
- 2011 Tanner Bernhardt 18th Place 18:05
- 2010 Erik Wangler 5th Place 17:39
- 2010 Garrett Thompson 6th Place 17:40
- 2010 Kyle Volk 14th Place 18:09
- 2009 Kyle Volk 8th Place 17:31
- 2009 Dylan Yoder 9th Place 17:34
- 2009 Erik Wangler 13th Place 17:43
- 2009 Dustin Jundt 14th Place 17:44
- 2009 Wyatt Thompson 20th Place 18:11
- 2008 Dylan Yoder 11th Place 17:53
- 2008 Kyle Volk 15th Place 18:11
- 2008 Erik Wangler 17th Place 18:18
- 2008 Dustin Jundt 19th Place 18:35
- 2007 Dylan Yoder 13th Place 17:07
- 2006 Dylan Yoder Runner-Up 16:57
- 2005 Dylan Yoder 13th Place 18:11
- 2004 Dylan Yoder 17th Place 18:22
- 2002 Geoffrey Childress 18th Place 18:06
- 2001 Geoffrey Childress 16th Place 18:29
- 1994 Scott Brandt 6th Place 17:35
- 1993 Scott Brandt 9th Place 17:17

#### Class A All-State - Individual (Top 20 Finishers)

1989 - Kevin Miiller - 4th Place - 16:21

### Class B East Region - Team (Top 2 Finishers)

- 2015 Champion 56 points (Runner-Up Hillsboro/Central Valley 98)
- 2014 Runner-Up 106 points (Champion Hillsboro/Central Valley 106)
- 2011 Champion 46 points (Runner-Up Lisbon 99)
- 2010 Champion 35 points (Runner-Up Griggs County Central 83)
- 2009 Champion 36 points (Runner-Up Valley City 111)
- 2008 Champion 40 points (Runner-Up Lisbon 61)
- 2007 Runner-Up 72 points (Champion Lisbon 68)

# Class B East All-Region - Individual (Top 20 Finishers)

- 2015 Jaydin Risovi Runner-Up 17:01
- 2015 Dawson Schepp 10th Place 17:45
- 2015 Kadin Neppl 13th Place 17:52
- 2015 John Mueller 14th Place 17:53
- 2015 Gabe Clements 17th Place 18:03
- 2014 Tanner Bernhardt 4th Place 17:35
- 2014 Nolan Hovland 10th Place 18:04
- 2014 Brady Fossum 17th Place 18:28
- 2013 Nolan Hovland 19th Place 19:02
- 2012 Tanner Bernhardt 15th Place 18:44
- 2011 Erik Wangler 4th Place 17:43
- 2011 Kyle Halvorson 7th Place 17:52
- 2011 Kyle Volk 9th Place 18:05
- 2011 Andrew Hershey 11th Place 18:10
- 2011 Tanner Bernhardt 15th Place 18:13
- 2010 Erik Wangler 3rd Place 17:29
- 2010 Garrett Thompson 5th Place 17:35
- 2010 Kyle Volk 6th Place 17:40
- 2010 Andrew Hershey 9th Place 18:01
- 2010 Wyatt Thompson 12th Place 18:05
- 2009 Kyle Volk 4th Place 17:37
- 2009 Erik Wangler 6th Place 17:42
- 2009 Wyatt Thompson 7th Place 17:47
- 2009 Garrett Thompson 9th Place 17:57
- 2009 Dylan Yoder 10th Place 18:06

- 2009 Dustin Jundt 11th Place 18:16
- 2008 Dylan Yoder 4th Place 17:36
- 2008 Kyle Volk 6th Place 17:48
- 2008 Erik Wangler 7th Place 17:49
- 2008 Dustin Jundt 10th Place 18:15
- 2008 Garrett Thompson 13th Place 18:19
- 2007 Dylan Yoder Runner-Up 17:09
- 2007 Dustin Jundt 13th Place 18:35
- 2007 Kyle Volk 14th Place 18:38
- 2007 David McAtee 17th Place 18:47
- 2006 Dylan Yoder Runner-Up 17:21
- 2006 Dustin Jundt 17th Place 18:41
- 2005 Dylan Yoder 4th Place 17:33
- 2005 Matthew Wangler 18th Place 18:46
- 2004 Chad Haugen 13th Place 18:27
- 2004 Dylan Yoder 14th Place 18:28
- 2004 Matthew Wangler 15th Place 18:29
- 2003 Matthew Wangler 16th Place 18:27
- 2003 Chad Haugen 17th Place 18:28
- 2002 Duane Broe 15th Place 18:36
- 2002 Geoffrey Childress 18th Place 18:43
- 2001 Geoffrey Childress 8th Place 18:22
- 2001 Josh Knutson 19th Place 18:52
- 2000 Geoffrey Childress 15th Place 19:12
- 1998 Josh Knutson 18th Place 19:30
- 1997 Jesse Fritz 12th Place 18:50
- 1997 Josh Knutson 13th Place 18:53
- 1996 Matt Seibel 14th Place 18:20
- 1995 Matt Seibel 14th Place 18:47
- 1994 Scott Brandt Champion 17:38
- 1994 Matt Seibel 16th Place 18:49
- 1993 Scott Brandt 3rd Place 16:59
- 1993 Jason Blomster 11th Place 17:56
- 1992 Scott Brandt 13th Place 18:48
- 1991 Brent Hoffert 13th Place 18:36
- 1991 Eric Bachmeier 16th Place 18:53
- 1991 Josh Peterschick 19th Place 18:57